

Registration:
\$25
Checks to
WHS Booster
Club

*Families with more
than 1 athlete are \$15
each.*

****Ways to register****

- Mail in registration
- Drop off form at
high school office
- Bring with you on
1st day of camp.
- Register online

Williamsburg High School

Coach Nordheim
810 W. Walnut St.
Williamsburg, IA 52361

Williamsburg
Raider
Cross Country
Camp 2021

August 2nd - 5th

5:00 – 7:00 PM

Williamsburg High
School



Name: _____

Grade: _____

Address: _____

Athlete Cell: _____

Parent Phone: _____

Parent Email: _____

Shirt Size (circle one):

YS YM YL S M L XL 2XL

Parents Release & Indemnity Agreement:

We (or I) hereby request that you accept the application of our (my) child in the 2021 camp. We (or I) hereby release the School Board of Williamsburg, Williamsburg Booster Club, and the Williamsburg Cross Country Camp Staff from all claims on account of any injuries, which may be sustained by our (my) child while attending or traveling to and from the Williamsburg Cross Country Camp. We (or I) also agree to indemnify the School Board of Williamsburg, Williamsburg Booster Club, and the Williamsburg Cross Country Camp Staff staff for any claims which may hereafter be presented by our (my) child as a result of any such injury.

Date: _____

Parent/Guardian Signature: _____

Cross Country Camp

Open to students entering grades 7-12 in fall 2021

- Meet in front of the high school.
- **On Thursday, Aug. 5th, camp will start early (4:45) to travel to team cookout.** (more details on this will be given the 1st day of camp)

2020 Season State Placings

- High School Girls- 3rd at State
- High School Boys- 7th at State
- Junior High Girls- State Champions
- Junior High Boys- 5th at State

"A Tradition of Excellence"

Boys State Meet Teams: 1976, 1977, 1980, 1982, 1983, 1987, 1990, 1991 (state champs), 1992, 1993, 1994, 1995, 1996, 2000, 2002, 2003, 2004, 2011, 2013, 2015, 2017, 2018, 2019, 2020 (25 state meet appearances)

Girls State Meet Teams: 1976, 1977, 1978, 1979, 1980, 1981, 1982, 1986, 1993, 1996, 1999, 2000, 2001, 2002, 2003, 2004, 2005, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2017, 2018, 2019, 2020 (30 state meet appearances)

Purpose and Details

To get a great start on what will be a successful 2021 cross-country season. Athletes will learn different types of workouts, strengthening exercises, and stretching techniques. Team bonding and motivational activities will also be a part of the camp.

What you need: Good running shoes, clothing appropriate for the weather.

What you will receive: A camp shirt along with other prizes and refreshments.

Contact Info

nicknorthern@williamsburg.k12.va.us

Facebook :

www.facebook.com/raidertrackxc

Twitter:

@WBurgXCTrack (team)

@RaiderTrackXC (Coach Northern)